

Contract to Monitor Blood Pressure

Medications that may raise blood pressure include:

- Phentermine
- Qsymia
- Contrave
- Bupropion
- Diethylpropion
- Phendimetrazine

I _____ understand that the medication being prescribed to me can cause an increase in blood pressure. I commit to monitoring my blood pressure at least twice a week. I will report my blood pressure numbers to Dr. Valerie Liao.

If my medication results in blood pressures of 130/80 or above, I will notify Dr. Liao as soon as possible.

If I have consistently higher blood pressure numbers, I will discontinue the use of the medication. I understand that prolonged high blood pressure can increase my risk of heart attacks, strokes, and other ill effects.

I will not hold Dr. Liao liable for any changes in blood pressure health related to the taking of this medication.

Date

Patient Signature